



# The ECT Handbook (College Report)

*Jonathan Waite, Andrew Easton*

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**The ECT Handbook (College Report)** Jonathan Waite, Andrew Easton

This presents the latest clinical guidelines on the prescription and practical administration of electroconvulsive therapy (ECT). It clarifies the place of ECT in contemporary practice and reviews the evidence for its efficacy. The ECT Handbook is an essential reference manual for all psychiatrists, for anaesthetists and nurses who work in ECT clinics, for everyone professionally involved in caring for patients for whom ECT may be recommended, and for second-opinion appointed doctors working for the Care Quality Commission.

Substantially revised to take account of new research.

Covers issues of capacity and consent.

New chapters on the mode of action of ECT, cognitive adverse effects, dental effects, other brain stimulation techniques and patient and carer perspectives.

New evidence of the benefits and risks of unilateral v. bilateral electrode placement.

Reflects changes in mental health and mental capacity legislation since the second edition.

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