



Gathering the Desert

Gary Paul Nabhan, Paul Mirocha

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To the untrained eye, a desert is a wasteland that defies civilization; yet the desert has been home to native cultures for centuries and offers sustenance in its surprisingly wide range of plant life. Gary Paul Nabhan has combed the desert in search of plants forgotten by all but a handful of American Indians and Mexican Americans. In *Gathering the Desert* readers will discover that the bounty of the desert is much more than meets the eye—whether found in the luscious fruit of the stately organpipe cactus or in the lowly tepary bean. Nabhan has chosen a dozen of the more than 425 edible wild species found in the Sonoran Desert to demonstrate just how bountiful the land can be. From the red-hot chiltepinies of Mexico to the palms of Palm Springs, each plant exemplifies a symbolic or ecological relationship which people of this region have had with plants through history. Each chapter focuses on a particular plant and is accompanied by an original drawing by artist Paul Mirocha. Word and picture together create a total impression of plants and people as the book traces the turn of seasons in the desert.

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