

Should We Stay Together?: A Scientifically Proven Method for Evaluating Your Relationship and Improving its Chances for Long-Term Success

Jeffry H. Larson



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The fact is, some couples need more time to mature, some need to work through specific issues, and some should never be together. But how do you know? What factors add up to success-or failure-in a relationship? Author Jeffry Larson knows; in fact, he knows a lot about what predicts a happy marriage. Based on Larson's twenty-plus years of research and experience in marriage and family therapy, Should We Stay Together?debunks many time-honored myths as it provides couples with the tools they need to make better decisions and thoroughly explore every aspect of their relationship. From individual characteristics, idiosyncratic family histories, unresolved conflicts and needs, and combined strengths and weaknesses, this step-by-step scientific method for relationship evaluation-based on the highly accurate RELATE premarital assessment questionnaire-will help couples understand the specific traits that predict a satisfying-or disastrous-relationship.

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