

The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition (PracticePlanners)

Deborah W. Frazer, Gregory A. Hinrichsen, Arthur E. Jongsma



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This timesaving resource features:

- Treatment plan components for 30 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors
- Includes new **Evidence-Based Practice Interventions** as required by many public funding sources and private insurers

Practice*Planners®* THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS

The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies

- New edition features empirically supported, evidence-based treatment interventions
- Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

Additional resources in the PracticePlanners® series:

Documentation Sourcebooks provide the forms and records that mental health??professionals need to??efficiently run their practice.

Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions.

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Richard Zhang:

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