



Your Life, Uploaded: The Digital Way to Better Memory, Health, and Productivity

Gordon Bell, Jim Gemmell

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"A marvelous job of exploring first hand the implications of storing our entire lives digitally."

-Guy L. Tribble, Apple, Inc.

Tech luminary, Gordon Bell, and Jim Gemmell unveil a guide to the next digital revolution. Our daily life started becoming digital a decade ago. Now much of what we do is digitally recorded and accessible. This trend won't stop. And the benefits are astonishing.

Based on their own research Bell and Gemmell explain the ever- increasing access to electronic personal memories-both "cloud" services such as Facebook and huge personal harddrives. Using Bell as a test case, the two digitally uploaded everything-photos, computer activity, biometrics-and explored systems that could best store the vast amounts of data and make it accessible. The result? An amazing enhancement of human experience from health and education to productivity and just reminiscing about good times. And then, when you are gone, your memories, your life will still be accessible for your grandchildren...

Your Life, Uploaded is an invaluable guide to taking advantage of new technology that will fascinate and inspire techies, business people, and baby boomers alike.

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Rebecca Beal:

A lot of people always spent their particular free time to vacation or maybe go to the outside with them family members or their friend. Are you aware? Many a lot of people spent they free time just watching TV, or perhaps playing video games all day long. If you would like try to find a new activity here is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you read you can spent the whole day to reading a e-book. The book Your Life, Uploaded: The Digital Way to Better Memory, Health, and Productivity it is extremely good to read. There are a lot of those who recommended this book. These folks were enjoying reading this book. When you did not have enough space bringing this book you can buy often the e-book. You can m0ore easily to read this book from a smart phone. The price is not very costly but this book provides high quality.

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