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# **Consumed: Food for a Finite Planet**

Sarah Elton



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By 2050, the world population is expected to reach nine billion. And the challenge of feeding this rapidly growing population is being made greater by climate change, which will increasingly wreak havoc on the way we produce our food. At the same time, we have lost touch with the soil—few of us know where our food comes from, let alone how to grow it—and we are at the mercy of multinational corporations who control the crops and give little thought to the damage their methods are inflicting on the planet. Our very future is at risk.

In *Consumed*, Sarah Elton walks fields and farms on three continents, not only investigating the very real threats to our food, but also telling the little-known stories of the people who are working against time to create a new and hopeful future. From the mountains of southern France to the highlands of China, from the crowded streets of Nairobi to the banks of the St. Lawrence River in Quebec, we meet people from all walks of life who are putting together an alternative to the omnipresent industrial food system. In the arid fields of rural India we meet a farmer who has transformed her community by selling organic food directly to her neighbors. We visit a laboratory in Toronto where scientists are breeding a new kind of rice seed that they claim will feed the world. We learn about Italy's underground food movement; how university grads are returning to the fields in China, Greece, and France; and how in Detroit, plots of vacant land planted with kale and carrots can help us see what's possible.

Food might be the problem, but as Elton shows, it is also the solution. The food system as we know it was assembled in a few decades—and if it can be built that quickly, it can be reassembled and improved in the same amount of time. Elton here lays out the targets we need to meet by the year 2050. The stories she tells give us hope for avoiding a daunting fate and instead help us to believe in a not-too-distant future when we can all sit at the table.

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A lot of people always spent all their free time to vacation or maybe go to the outside with them household or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you need to try to find a new activity this is look different you can read any book. It is really fun for you. If you enjoy the book you read you can spent the whole day to reading a guide. The book Consumed: Food for a Finite Planet it is quite good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy the e-book. You can m0ore quickly to read this book through your smart phone. The price is not too expensive but this book has high quality.

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In this era globalization it is important to someone to receive information. The information will make someone to understand the condition of the world. The health of the world makes the information much easier to share. You can find a lot of personal references to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher in which print many kinds of book. The book that recommended for you is Consumed: Food for a Finite Planet this book consist a lot of the information of the condition of this world now. This kind of book was represented so why is the world has grown up. The words styles that writer use to explain it is easy to understand. Typically the writer made some investigation when he makes this book. Here is why this book suitable all of you.

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