



End Your Addiction Now: The Proven Nutritional Supplement Program That Can Set You Free

Charles Gant, Greg Lewis

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Whether it involves drugs, alcohol, smoking, or food, addiction is an overwhelming and destructive force. While many rehabilitation programs are available, the truth is that too many people return to their old habits. Why? *End Your Addiction Now* not only explores the biochemical factors that are the real cause of this problem, but offers proven advice on how to break addictions once and for all.

Based upon the research and experience of Dr. Charles Gant and other pioneers, this practical handbook provides simple step-by-step directions for kicking the habit. Perhaps most

unique, *End Your Addiction Now* is designed both to guide its readers to effective physicians and treatment facilities, and to provide a path for those who wish to seek wellness

on their own.

At the heart of Dr. Gant's approach is a distinctive program of nutritional supplements designed to jump-start recovery by reducing substance cravings. Dr. Gant then walks readers

through a natural process of detoxification and biochemical testing that pinpoints the specific deficiencies that must be addressed to achieve complete recovery.

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