



Chronic Pain (Advances in Psychotherapy: Evidence-Based Practice) (Advances in Psychotherapy - Evidence-Based Practice)

Beverly J. Field, Robert A. Swarm

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Although there are now proven behavioral and psychological methods of dealing with and alleviating chronic pain, methods that can supplement or replace drug treatments, these are not always applied in clinical practice. This volume in the series, *Advances in Psychotherapy -- Evidence-Based Practice*, provides psychological and medical therapists (and students) with practical and evidence-based guidance on diagnosis and treatment of chronic pain, and does so in a uniquely “reader-friendly” manner. The book is both a compact “how-to” reference, for use by professional clinicians in their daily work, as well as an ideal educational resource for students and for practice-oriented continuing education.

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