

How We Love: Discover Your Love Style, Enhance Your Marriage

Milan Yerkovich, Kay Yerkovich



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How We Love: Discover Your Love Style, Enhance Your Marriage Milan Yerkovich, Kay Yerkovich Are you tired of arguing with your spouse over the same old issues? Do you dream of a marriage with less conflict and more intimacy? Are you struggling under a load of resentment?

The key to creating a deeper bond in your marriage may lie buried in your childhood.

Your early life experiences create an "intimacy imprint"–an underlying blueprint that shapes your behavior, beliefs, and expectations of all future relationships, especially your marriage. In *How We Love*, relationship experts Milan and Kay Yerkovich help you pinpoint the reason your marriage is struggling–and they reveal exactly what you can do about it.

Drawing on the powerful tool of attachment theory, the Yerkoviches identify four types of injured imprints that combine in marriage to trap couples in a repetitive dance of pain. As you discover how your relationship has been guided by these imprints, you'll gain the insights you need to stop stepping on each other's toes and instead allow yourselves to be swept along by the music of a richer, deeper relationship.

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