



Savor the World

Niti Sanghrajka

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Savor the World Niti Sanghrajka

Over 115 vegetarian recipes in Savor the World promise to be your passport to an exciting gastronomic adventure! A vegetarian since birth, Niti Sanghrajka has traveled to over 25 countries and brings you her personal favorites from Europe, Northern Africa, and the United States. Each new destination packs in recipes that end up in her experimental kitchen. Tantalize your senses with aromas of redolent spices and ingredients, while preparing familiar foods such as Italian Lasagna or creating more exotic dishes like Sudanese Ful Mudammas. Each recipe is broken up into mini-tasks making it easy to follow. This book is for the novice, for the person who wishes to delve into truly delicious vegetarian cooking as well as the consummate entertainer who can surprise the guests with some unique flavors. Whip up entire Greek, Ethiopian, Middle Eastern, Italian, Swiss, and Mediterranean meals, or cook an eclectic mix. Embark on this wonderful journey of the senses and Savor the World.

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