



Breathe: A Memoir of Motherhood, Grief, and Family Conflict

Kelly Kittel

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Kelly Kittel didn't know the true meaning of the phrase "in the wrong place and the wrong time" until she fell victim to just such a circumstance—and lost her infant son as a result.

In the wake of their son's death, Kittel and her husband are overcome with grief—and they're still trying to make sense of their loss when, a mere nine months later, their family doctor makes a terrible mistake during Kittel's pregnancy and they are forced to bury a second child. And when they decide to press malpractice charges, things only get worse: they end up having to battle not only the medical system but also their own family in a court of law, all while raising their other three children and trying to heal from the pain of living through the deaths of two sons.

Achingly raw and beautifully narrated, *Breathe* is a story of motherhood, death, family, and conflict—and, ultimately, how to embrace love, honesty, and joy even in the face of tragedy.

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