



# Hanuman's Journey to the Medicine Mountain

*Vatsala Sperling*

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## **Hanuman's Journey to the Medicine Mountain** Vatsala Sperling

Tells the adventures of the magical monkey Hanuman, beloved in India as the devoted helper of Ram, hero of the Hindu epic tale the Ramayana

- Introduces Western children to one of the most playful and beloved characters of Hindu mythology
- Illustrated throughout with full-color paintings in the traditional Indian style

Son of the monkey princess Anjana and the wind god Pavan, Hanuman is born on Earth to be a helper for Ram, the hero of the Hindu epic the Ramayana. Hanuman is no ordinary monkey. He has the ability to leap higher than the sun and move faster than the wind. When the demon king Ravana kidnaps Ram's wife, Sita, and carries her off to his island home, the army that goes to rescue her is left discouraged on the beach--stopped by the wide expanse of water between them and the island of Lanka. But magical Hanuman is able to jump over the ocean in one amazing bound. He finds the captive Sita and helps her to take heart and remain strong and confident that Ram will find a way to save her.

And indeed Ram does, but only with the devoted assistance of his mercurial monkey helper. Hanuman shrinks to the size of a fly; grows large enough to uproot a huge tree as though it were a turnip; soars through the sky, setting the city of Lanka on fire with the tip of his tail; and digs up an entire mountain in order to deliver its healing herbs to Ram's stricken army. This beautifully illustrated retelling of Hanuman's story makes accessible to Western children and their parents one of the most playful and beloved characters of the Hindu tradition.

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