



Cooking for Two: Quick and Easy, Proven Recipes (Quick & Easy, Proven Recipes)

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Fed up with all recipes in cookbooks being 'Serves 4'? Don't think it's worth bothering to make dinner from scratch for just the two of you? Don't give in so easily! This great cookbook provides a wealth of tips and advice on shopping and cooking for two, proving that it's easy to cook a nutritious and tasty meal without expense or wastage. It then goes on to provide over 200 recipes, ranging from soups and starters to special occasions and desserts. All recipes are 'Serves 2', except a handy chapter on 'Cooking Ahead' which provides recipes ideal for storing in portions in the freezer for your own 'ready-meals', such as Traditional Lasagne.

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