



Midlife Tune-Up: Six Simple Steps

Tim Burns

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Offering solid suggestions based on life experience, entrepreneur and Louisiana state representative Tim Burns explains his tune-up approach and how he used these techniques to refine his own career path, revisit his spiritual life, and revitalize his relationships. Written in an organized and upbeat manner, Burns's ½ book outlines a six-step program that when followed with commitment can help one thrive during midlife.

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