



Schisandra Chinensis: An Herb of North Eastern China Origin

Kam-Ming Ko, Jun Yin, Chuixin Qin

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This book provides a comprehensive but concise account of the commonly used herb in Chinese medicine, *Schisandra chinensis* (???). Of the six chapters covering botanical properties to product development, special emphasis is placed on recent pharmacological studies on active ingredients such as schisandrin B and schisandrin, as well as the integrative approach adopted in product development.

Readers will be enlightened by the updates on pharmacological activities, underlying action mechanisms of Schisandra lignans and novel approach in product development featured in the book. Hence, this work will be a useful resource for researchers in both academia and industry.

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