



# Anthropology of Addictions and Recovery

*Irene Glasser*

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## **Anthropology of Addictions and Recovery** Irene Glasser

It is nearly impossible to discuss alcohol, tobacco, and drugs without applying our own cultural prism. In a concise, non-technical manner, Glasser combines her own research with that of others to show the importance of removing cultural biases to uncover crucial understandings about substance use and misuse. Ethnographic examples elucidate the diverse meanings of alcohol, tobacco, and drugs around the world as well as the psychological and physiological effects of their use. Glasser applies anthropological research methods in her examination of treatment and recovery and uncovers why some programs are more effective than others. The book's focus on culture and how it affects people's relationships to mind-altering substances, together with hands-on activities at the end of each chapter, will generate new realizations and open doors for further exploration.

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