



Aging Is Living: Myth-Breaking Stories from Long-Term Care

Irene Borins Ash, Irv Ash

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Through the inspirational, wise, and informative stories of the residents, either in their own words or based on interviews, and environmental photographs of each, this book focuses on various residents of long-term care facilities and especially on the positive facets of their life, their thoughts, and their feelings. The only issue that reaches the media about nursing homes is the negative and unfortunate events that sometimes occur, but there is so much more to the story.

Most people are afraid of long-term care homes because they recognize that it is the last phase in their life - it is the step before death. But some people have years from the time they enter the home until they die. This book shows how many men and women make the best of their situation - often leaving a positive legacy for family and friends - and how these can be fulfilling and quality years.

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